

January 1, 2021

Dear Parents and staff,

As we strive to provide quality childcare services during this pandemic, we have created guidelines to ensure the safety and health of everyone we serve in our childcare. Please take the time to read the guidelines we have created.

We will implement our guidelines daily and hope that you can help us by implementing the guidelines at home with your Child/Children as well.

Should you have any questions feel free to contact me.

Jasmin Valencia Bunao

@ 323-243-4381

SweetPeasFamilychildcare@gmail.com

Best Regards,

Jasmin Valencia Bunao

Sweet Peas Family Childcare, Owner

Lic# 197700449

Sweet Peas Family Childcare Guidelines

Personal Hygiene/daily routine and self care for toddlers and preschoolers

Teaching toddlers and preschoolers about personal hygiene, cleanliness, and daily routines, allows a continuity of self care as children grow. These daily routines will help with illness prevention.

1. Bathe your child regularly, especially when they get home from daycare, including washing their hair.
2. Brush their teeth daily.
3. Take their temperature before they go to bed and when they wake up.
4. Allow your child to wash their hands frequently before and after meals, after restroom use, after playtime, after touching animals, and after touching dirty areas. Use water and soap over hands and wrist, scrub hands rigorously for at least 20 seconds, and dry hands thoroughly. Teach your child that nothing should be put in their mouths other than food, drinks, or medicine.
5. Do not give your child anything to eat during their car ride to daycare to avoid your child from touching their mouths without access to properly washing their hands prior to drop off.
6. If you would like to feed your child breakfast, please do so while they are still home so he/she may properly wash their hands after eating.
7. Note: Breakfast will only be served between 8 A.M -9 A.M. If your child arrives after 9 A.M, please be sure your child has already eaten breakfast at home. Please notify us if your child will be late or absent.
This will help us plan our Child/Adult ratio coverage in advance.
8. Children's nails and toenails must be cleaned and cut. Please provide us with your own personal nail cutter that will remain in your child's cubby in case your child's nails need to be cut when they arrive at daycare.

Be sure to provide us with the following items:

Note: Please ask one of the staff members if your child is out of any of the following items or need replacement.

Extra clothes: Jacket or sweater during cold weather, bottoms, tops, underwear, socks, Diapers, Wipes for all children (Potty trained & Not Potty Trained)

1 Bottle & Pacifier (Only for children who still need it)

Sippy cup, sheet, Small Thin Blanket

All belongings coming from home must be placed in a plastic bag with your child's name and kept outside on a table. Staff members will bring them in at the end on the day.

Outdoor shoes upon arrival that will be removed and placed inside the shoe rack bench located outside.

Indoor easy washable shoes preferably "Crocs" This will remain at daycare for indoor use only. Please write your child's name on all their belongings w/permanent marker.

Keep clean socks on your child daily.

(No Sandals or open toed shoes will be allowed for children due to safety reasons)

Staff members are also required to have indoor and outdoor shoes.

Drop off & Pick up Time instructions:

1. There will be no access inside the daycare for anyone other than the children we serve, staff members, or licensing state visits to avoid any possibility of catching or spreading COVID - 19
2. When multiple Parents/Children arrive or leave at the same time please keep your distance at least 6 Ft
3. Do not knock on the door. Have your mask on at all times. Please send a text to 323-243-4381 stating that you have arrived to sign in or drop off (child's name) and someone will open the door to meet you outside of the gate shortly. Hand sanitizer will be offered to you and your child prior to signing in and out of the binder. Staff will also show that they are sanitizing their hands prior to their interaction with you and your child.
4. Each child must be signed in/out daily. Note: If your child is enrolled in any subsidized program both attendance sheets must be signed daily.
5. Drop off and pick up should be done quickly. If you would like to speak to us, feel free to call us. The best time to call would be during nap time hours between 12:30 pm - 2:30 pm. You may also text me anytime. If I don't respond immediately, please call me directly, especially if it is important or an emergency.
6. Only staff members will be allowed to open the gate in front of our door. Please have hand sanitizers for yourselves in your car to apply on before and after you drop off and pick up your child.
7. When staff or children arrive at daycare they will be required to use hand sanitizer before they enter the door. When inside, put their jackets/outdoor shoes away, put indoor shoes on, then proceed to the restroom to wash their hands before joining the rest of the group. We will also take the staff and the children's temperature upon arrival.
8. We may temporarily limit or not allow children outdoor playtime (During this COVID - 19 pandemic). We will make sure children will still have lots of fun by providing indoor fun activities and games.
9. We want to reassure you that our staff will continue to properly sanitize and disinfect all toys, shelves, tables, chairs, high chairs, and other areas daily. This includes daily sweeping, mopping, and cleaning of our restroom.

We understand that some of these regulations might be tedious and will take time practicing to implement daily, but it is imperative to keep these practices in order to continue to provide quality childcare and to keep everyone safe and healthy from all viruses, Especially COVID- 19! Thank you in advance for your support!

Should we need to make any changes, we will be sure to notify everyone!

This is to notify that I have carefully read the guidelines made for
Sweet Peas Family Childcare and that we agree to follow each guideline. I was also provided with a copy.

Child's Name: _____

Parents Name: _____ Parent's Signature: _____ Date _____

Owner's Name: _____ Owner's Signature: _____ Date: _____

Sweet Peas Family Childcare Guidelines continued...

Before dropping off your child to daycare please be sure to examine them for signs of illness.

Signs of illness

Keep your child out of childcare if he or she has any of the following signs and symptoms:

- Seems very tired and needs bed rest(A common flu symptom) (COVID - 19)*
- Consistent runny nose (Clear, yellow, or Green)
- Throws up (vomits) more than 1 time
- Has 3 or more loose, watery, unformed stools (diarrhea) in 24 hours, not caused by a change in diet or medicine; especially if it runs out of the diaper or underwear
- Cough that interrupts normal play or sleep (Whooping cough)
- Shortness of breath or increased wheezing during normal activity (difficulty breathing)
- Fever (Remain at home until fever has been gone for at least 24 hours without the use of fever-reducing medicines
- Earache, headache, sore throat or recent injury that makes it hard to play or sleep normally
- White or yellow eye discharge with pink or red skin inside or around the eye or eyelid • Rash with fever or change in behavior
- Mouth sores (Unless you provide a written notice from your doctor stating its not contagious)
- Lice and scabies– no child care until the first treatment and provide a letter of service from a specialist*
- Impetigo– No child care for 24 hours after the first treatment starts*
- Strep throat or other strep infections– No child care until the child has been taking antibiotics for 24 hours. Fever must be gone.*
- Tuberculosis*
- Chickenpox*
- Pertussis - Whooping Cough*
- Hepatitis A*
- Measles, mumps, or rubella *
- Shingles*
- Salmonella, shigella, E. coli, Campylobacter, Giardia*
- Neisseria Meningitis*

Any illness listed with (*)next to it

Note: We will require a doctor's clearance letter to be able to come back to daycare